

Sports Centre arena schedule in effect to MARCH 21, 2010								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Everyone welcome skate	Arena #1	10:15-11:15 am		10:15-11:15 am				
	Arena #2	6:30-8:30 pm	3-4:45 pm	6:30-8:30 pm	3-4:45 pm		3:15-5 pm	
Family skate (children with adult)								1:15-3:15 pm
Parent & tot skate Arena #2				10-11:30 am		10-11:30 am	HELMETS ARE STRONGLY RECOMMENDED FOR ALL AGES Children under 7 must be accompanied by an adult that remains in the arena during public skating sessions. Special schedules are in effect statutory holidays. Special schedules will be in effect Dec 21, 2009 to Jan 3, 2010 (see page 9) & Spring break Mar 6-14, 2010	
35 & over skate Arena #1						10:15-11:15 am		
Shinny hockey (All ages, helmet, gloves & stick required - soft puck used) Arena #2		2:45-3:45 pm (Cancelled Feb 8)						
Noon hockey (18 & Over - full gear required) Arena #1		11:30 am-12:45 pm	11:45 am-12:45 pm	11:30 am-12:45 pm	11:30 am-12:45 pm	11:30 am-12:45 pm		
Noon hockey (18 & Over - full gear required) Arena #2		11:45 am-1 pm	11:45 am-1 pm	11:45 am-1 pm		11:45 am-1 pm		
Women's noon hockey (18 & Over - full gear required) Arena #2					11:45 am-1 pm			
55 & over hockey (Full gear required) Arena #1		2:15-3:30 pm	10:15-11:30 am	2:15-3:30 pm	10:00-11:15 am	2:15-3:30 pm		
65 & over hockey (full gear required) Arena #2						2:15-3:30 pm		
Drop in learn to play hockey (all ages - full gear required) Arena #2				2:45-3:45 pm				

Schedules are subject to change. For daily schedule information phone 250-334-9622.



SPECIAL SKATES

PRO D DAY
 Thursday, Nov 26
 Everyone welcome skate
 1:15-4:45 pm Arena #2

TEEN SKATE (ages 13-18)
 Saturday, Dec 12
 7:45-9:15 pm Arena #2

SANTA SKATE
 Sunday, Dec 20
 1:15-3:15 pm Arena #2
 Toonie admission!

SPIRIT OF BC WEEK
 Saturday, Feb 6
 Everyone welcome skate
 3:15-5 pm Arena #2
FREE admission!
 (skate rentals \$2.00)

PRO D DAY
 Monday, Feb 8
 Everyone welcome skate
 1:15-3:15 pm Arena #2

Our facilities are fragrance free.